



Issue RLCMD / NL 2, 2025 - Vol 2 (May-August)

# REFLECTIONS

## NEWSLETTER OF LCMD



St-19, Block 15, KDA Scheme 36, Gulistan-e-Jauhar, Karachi



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# OPERATION BUNYAN-UM MARSOOS

10<sup>th</sup> May, 2025



**PAKISTAN ZINDABAD!**  
**ARMED FORCES PAINDABAD!**  
**SALUTE TO OUR DEFENDERS OF THE NATION!**



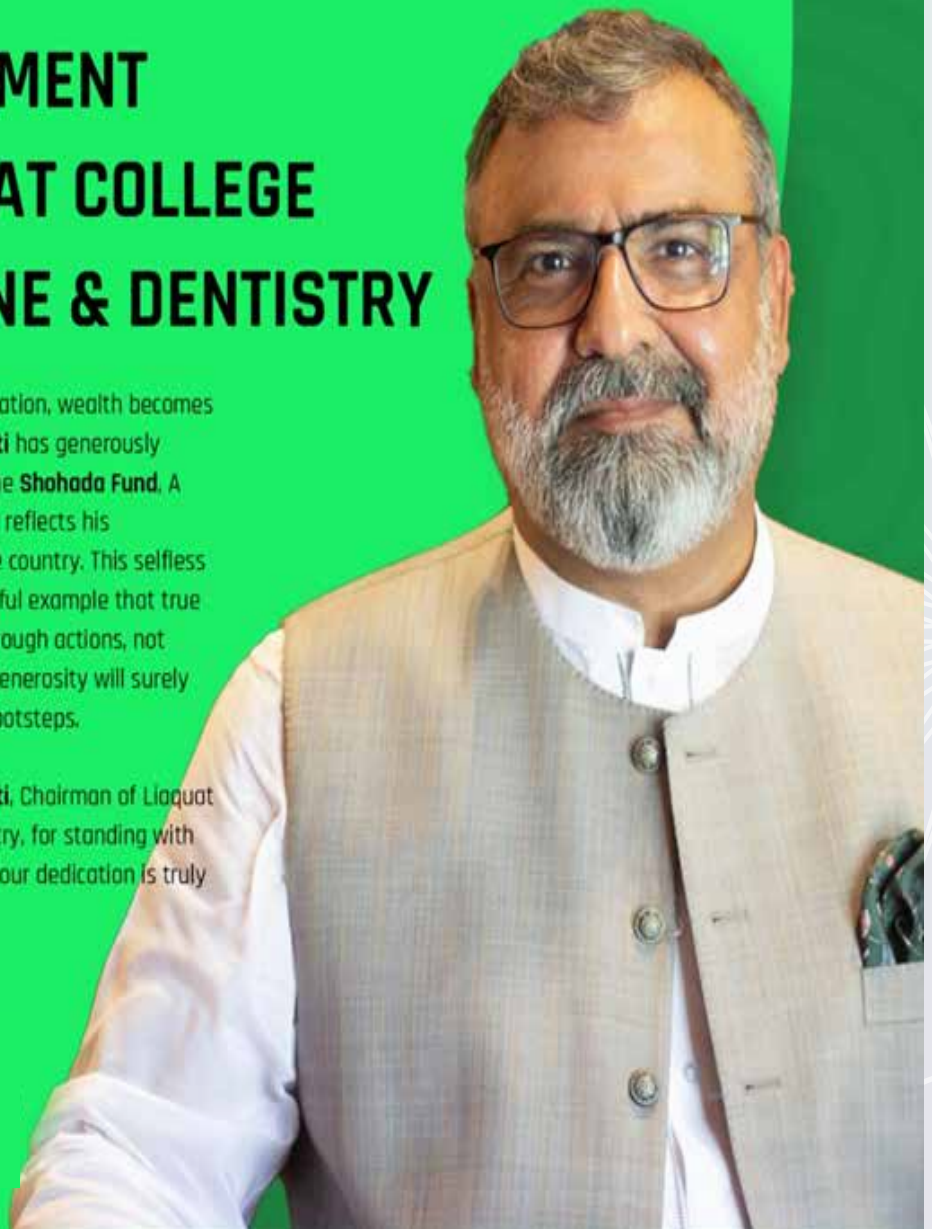


LIAQUAT  
COLLEGE OF  
MEDICINE  
& DENTISTRY

## PROUD MOMENT FOR LIAQUAT COLLEGE OF MEDICINE & DENTISTRY

When it comes to serving the nation, wealth becomes secondary. **Senator Amir Chishti** has generously donated **10 million rupees** to the **Shohada Fund**. A profound act of patriotism that reflects his unwavering commitment to the country. This selfless contribution stands as a powerful example that true love for the nation is shown through actions, not words. Senator Amir Chishti's generosity will surely inspire others to follow in his footsteps.

Thank you, **Senator Amir Chishti**, Chairman of Liaquat College of Medicine and Dentistry, for standing with our heroes and their families. Your dedication is truly commendable.



## A MESSAGE FROM EDITOR IN CHIEF



As we celebrate our collective achievements and look forward to continued progress, it is my privilege to emphasize the vital role that oral health plays in the well-being and mental health of our community. A healthy smile not only ensures comfort and function but also boosts self-confidence, reduces anxiety, and fosters positive social interactions.

On another note of national pride, I extend heartfelt congratulations to our armed forces on the triumphant success of Operation Bunyan-ul-Marsūs. This decisive victory reflects the courage, unity, and resilience of Pakistan. May it strengthen our resolve to work together—both within our profession and as citizens—to build a healthier, more secure future for all.

As we celebrate these milestones, our thoughts turn to those enduring hardship in Gaza. We stand in solidarity with the people of Gaza, offering prayers for their safety, dignity, and the swift restoration of peace and human rights. In times of global challenge, let compassion guide our actions, reminding us that health—both physical and mental—is a universal human right.

Together, let us reaffirm our commitment to excellence in dental education and community service. By strengthening preventive care, expanding access to treatment, and promoting the inseparable link between oral health and mental well-being, we can create meaningful, positive change—one smile at a time. Thank you for your unwavering dedication to our profession and for supporting the mission of LCMD and the Pakistan Dental Association. May we move forward with renewed energy, compassion, and a steadfast commitment to serving humanity.

Warm regards and solidarity,

**Prof. Dr. Navid Rashid Qureshi**  
**Principal, College of Dentistry, LCMD**  
**Editor-in-Chief, Reflections by LCMD**  
**President, Pakistan Dental Association (Karachi Chapter)**

## A MESSAGE FROM ASSOCIATE EDITOR



Warm greetings to all readers of Reflections by LCMD! It is an honor to serve alongside Prof. Dr. Navid Rashid Qureshi in bringing you the latest insights, updates, and achievements from our community. As Associate Editor, I am delighted to share this special issue that highlights our collective dedication to oral health, education, and community service.

Oral health is far more than bright smiles and cavity-free teeth; it is a fundamental pillar of overall well-being. Numerous studies have shown that poor oral health can exacerbate chronic conditions such as diabetes and heart disease, while also impacting mental health through reduced self-esteem and social isolation. In our Community Dentistry Department, we strive to bridge this gap by empowering students and faculty to deliver compassionate care, preventive education, and outreach programs that reach underserved populations.

In this issue of Reflections, you will find MoU signing of outreach programs at Al-Furqan Welfare Organization schools, innovative research methodologies for dental professionals, interviews with dedicated staff members like Mr. Moiz Majid, and inspiring success stories that showcase the resilience and creativity within our college. I encourage you to explore each page, learn from your colleagues, and consider how you can contribute to our mission of promoting oral health as a pathway to overall wellness.

As we continue to celebrate the triumphs of Operation Bunyan-ul-Marsūs and stand in solidarity with the people of Gaza, let us reaffirm our commitment to compassion and service. I extend my heartfelt gratitude to our editorial team, contributors, and readers—you are the driving force behind Reflections.

Thank you for your support and engagement. Here's to advancing dental education, research, and outreach for a healthier, happier tomorrow!

Warm regards,

**Dr. Anjum Fahad**  
**Associate Editor, Reflections by LCMD**  
**Head of Department, Community Dentistry**  
**LCMD**

## CONDOLENCES OF DR. KHALID AKHTER SAEED

اِنَّا لِلّٰهِ وَاِنَّا اِلَيْهِ رَاجِعُونَ

ہے شک ہم اللہ کیلئے ہیں اور ہمیں اسی کی طرف لوٹنا ہے۔

Indeed We belong to Allah and to Him we Shall return



1957 - 2025

Heartfelt condolences to family.

May Allah grant **Prof. Dr. Khalid Akhter Sayeed** (late)  
in Jannah and give the strength to family during this  
difficult time.



LIAQUAT  
COLLEGE OF  
MEDICINE  
& DENTISTRY

Management of  
LCMD



## CHPE – CERTIFICATE IN HEALTH PROFESSIONS EDUCATION BATCH 1 COHORT B

The Certificate in Health Professions Education (CHPE), conducted by Liaquat College of Medicine & Dentistry in affiliation with Jinnah Sindh Medical University, is a uniquely tailored program designed specifically for medical and dental educators. As DHPE is dedicated to faculty development, it plays a pivotal role in advancing the educational capacity, teaching effectiveness, and academic growth of healthcare professionals as an independent department.

Due to the overwhelming response from faculty applicants, especially from the College of Dentistry, DHPE has launched Cohort B of the CHPE course—a testament to the program's growing impact and institutional value. This expansion reflects the rising demand for structured, high-quality professional development in health professions education from the faculty of college of dentistry and their motivation towards esteemed team of DHPE.

What sets the CHPE apart is its innovative blended learning model—a six-month format combining face-to-face sessions, interactive online modules, AI and e-learning tool integration, engagement in hands-on assignments.

This pioneering course is facilitated by a distinguished panel of national and international experts in medical education:

### Course Directors & Core Faculty:

- Prof. Dr. Navid Rashid Qureshi – Patron in Chief
- Prof. Dr. Tahera Ayub – Course Director & Internal Faculty
- Prof. Dr. Naheed Najmi
- Dr. Sabaa Shahid
- Dr. Ayesha Khurram

### External Experts:

- Dr. Syed Moin Ali
- Prof. Dr. Syeda Kausar
- Prof. Dr. Shams Nadeem Alam
- Dr. Ahsan Naseer
- Prof. Dr. Shahid Shamim
- Dr. Rahat Naz

### International Facilitator (via Zoom):

- Dr. Tabassum Naz

With a focus on professional development, educational innovation, and academic integrity, the CHPE course empowers educators to become competent, reflective, and digitally fluent leaders in health professions education.



THE DEPARTMENT OF HEALTH PROFESSIONS EDUCATION - COLLEGE OF DENTISTRY PROUDLY  
WELCOMES FIRST BATCH OF CHPE PROGRAM.



**Liaquat College of Medicine & Dentistry**



**DEPARTMENT OF HEALTH PROFESSIONS EDUCATION**

College of Dentistry

**CERTIFICATE IN  
HEALTH PROFESSIONS EDUCATION (CHPE)**

**Recognized by: Jinnah Sindh Medical University**

**LEAD BY THE TEAM OF NATIONAL & INTERNATIONAL EXPERTS IN HPE**

**Batch 1 - Cohort B**  
1st Contact Session 30th June - 4th July, 2025

**PROGRAM OUTCOMES**

**By the end of the course of CHPE, learners will be able to:**

- \* Apply educational principles in their teachings
- \* Develop valid & reliable assessment tools
- \* Apply basics of curriculum to structure a curriculum design



**Prof. Dr. Navid Rashid Qureshi**  
*Patron in Chief*



**Prof. Dr. Tahera Ayub**  
*Course Director CHPE*

**Venue:**

Liaquat College of Medicine & Dentistry

**For information, please contact**

**Dr. Sabaa Shahid Mob: 0332-8289509**

THE DEPARTMENT OF HEALTH PROFESSIONS EDUCATION - COLLEGE OF DENTISTRY PROUDLY  
WELCOMES FIRST BATCH OF CHPE PROGRAM.



Liaquat College of Medicine & Dentistry



**REGISTRATIONS OPEN**

**CHPE PROGRAM**

Recognized by: Jinnah Sindh Medical University

Certificate Course in

**HEALTH PROFESSIONS EDUCATION**

College of Dentistry

**Batch 1 - Cohort B**

1st Contact Session 30th June - 4th July, 2025

Interested Candidates may Apply!

**Eligibility Criteria:**

- MBBS/BDS
- House job
- Faculty members of recognized institutions.

**Last Date of Registration:**

19-06-2025

**Venue:**

Liaquat College of Medicine & Dentistry



**COURSE FEES**

**Rs. 55,000/-**

For registration & information, please contact

Dr. Sabaa Shahid Mob: 0332-8289509

### PROF. DR. TAHIRA AYUB

*Head of the Department - OMFS*  
*B.D.S, F.C.P.S, F.D.S - R.C.P.S (Glasgow)*  
*M.H.P.E, D.C.P.S (HCSM), ADV DIP (HPE)*  
*Administrator QDH*



As an Oral and Maxillofacial Surgeon deeply invested in clinical excellence and the advancement of health professions education, 2024 has been a remarkable year of growth and achievement in my professional journey.

In April 2024, I was honored to receive the Fellowship in Dental Surgery (FDS) from the Royal College of Physicians and Surgeons of Glasgow, a testament to my continuous commitment to clinical mastery and global professional standards. The same year marked the completion of my Master of Health Professions Education (MHPE) from Aga Khan University, a rigorous academic journey I began in 2021. This program has significantly enriched my perspective on educational leadership, curriculum design, and evidence-based teaching, allowing me to contribute more meaningfully to dental education and training.

My academic growth has paralleled an expansion in my professional responsibilities. I have served as an **Editor for the International Annals of Health Sciences (IAHS)** and as a **Core Committee Member and Surgeon for the Cleft Team at Almustafa Charity Hospital**. Additionally, I remain actively involved in the **AOCMF** as both a Member and Teaching Faculty\*\*, and in the **Pakistan Association of Oral and Maxillofacial Surgery (PAOMS)** as a Fellow since 2022.

Throughout 2024, I have taken on increasingly influential roles in educational leadership, including:

- \* **Faculty in Oral & Maxillofacial Surgery at CPSP**
- \* **Postgraduate Examiner and Supervisor for MDS, MCPS, and FCPS programs**
- \* **Chairperson of the Curriculum Committee at LCMD**
- \* **Member of the Academic Council and Program Evaluation Committee at LCMD**
- \* **Chairperson of the IRB at LCMD and IRB Member at the University of Karachi**
- \* **Visiting Faculty in Bioethics at Karachi University**
- \* **External Examiner and Thesis Reviewer for DUHS and LUMHS**
- \* **Member of Faculty Board of Studies at Isra Dental College and Board of Faculty at ISRA University**

In addition, I was honored to serve on the Organizing and Scientific Committees for the International Medical Education Conference 2024 hosted by CPSP, and as a Jury Member for the Student Scientific Committee Journal Club at LCMD

These cumulative accomplishments are not only milestones in my personal and professional development but also reflect my enduring passion for clinical excellence, academic leadership, and meaningful contribution to the broader healthcare education landscape.

## LCMD FACULTY PROMOTIONS AND RECOGNITIONS

Liaquat College of Medicine & Dentistry is pleased to announce the following faculty advancements for 2024

**Prof. Dr. Tahera Ayub** (Oral & Maxillofacial Surgery)  
earned an additional qualification  
**Master's in Health Professions Education (MHPE).**



**Dr. Shahid Zafar** (General Pathology)  
promoted from Associate to Professor of Pathology.



**Dr. Amna Rehman** (Oral & Maxillofacial Surgery)  
promoted from Assistant Professor to **Associate Professor**



**Dr. Tauseef Ahmed** (Oral Pathology)  
promoted from Assistant Professor to **Associate Professor**



**Dr. Asma Shahid** (Quality Enhancement Cell)  
promoted from **Coordinator to Incharge of QEC.**



**Dr. Amna Afridi** (Section Implantology-OMFS)  
Appointed as **Registrar**



Congratulations to our colleagues on their well-deserved achievements and contributions to LCMD's academic excellence!



## HIGHLIGHTED NEWS

### LCMD & AL-FURQAN WELFARE TRUST SIGN MOU FOR SCHOOL ORAL HEALTH OUTREACH

On 14 April 2025, Liaquat College of Medicine & Dentistry's Department of Community Dentistry and Al-Furqan Welfare Organization (AFWO) formalized their partnership with a Memorandum of Understanding. Under this agreement, LCMD will deliver comprehensive oral health assessments and preventive treatments—such as fluoride applications, sealants, and personalized hygiene education—across AFWO's 16+ campuses. Each school visit will also include interactive sessions for teachers and staff, along with the distribution of oral hygiene kits. AFWO will facilitate scheduling, parental consent, and on-site logistics, while LCMD ensures ethical data collection for research and quality improvement.

Signees:

- Dr. Anjum Fahad, Head of Community Dentistry, LCMD
- Ms. Rubina Faryal, President/CEO, Al-Furqan Welfare Organization.

This collaboration brings preventive dental care directly into schools, reducing barriers to treatment and fostering lifelong healthy habits among underprivileged children in Karachi.



## PDA KARACHI REJUVENATION

A prestigious Oath Taking Ceremony was successfully held at the Marriot Hotel, Karachi, marking the revitalization of the Pakistan Dental Association's Karachi Chapter. Principal-COD Prof. Dr. Navid Rashid Qureshi was honored with the title of President of the PDA-Karachi Chapter, recognizing his exceptional leadership and contributions to dental education. Several distinguished LCMD-COD faculty members were also present at this momentous occasion, representing the institution's ongoing commitment to professional dental advancement in the region.





## HAPPIEST DENTIST MOMENT COMPETITION

### PDA Karachi Hosts Groundbreaking “Happiest Dentist Moment” Competition

The Pakistan Dental Association (PDA) Karachi, under President Prof. Dr. Navid Rashid Qureshi, organized "The Happiest Dentist Moment" on April 29, 2025. The event was led by Prof. Dr. Uzma Zareef, Chairperson of the Continuing Dental Education Committee (CDEC) – PDA Karachi, with Dr. Rizwan Hassan. From 150 entries across Sindh, 20 finalists presented their stories within 90 seconds. The competition was judged by Prof. Dr. Azmat Ali, Prof. Dr. Zubair Abbasi, Prof. Dr. Khalil, Prof. Dr. Nasir Khan, Prof. Dr. Kashif Naqvi, Dr. Ali Maqbool, and Prof. Dr. Wahab Qadri. Winners were selected in Picture Award and Storytelling Award categories. In Picture Award, Arooba Mukhtar (LCMD) won 1st place and Jaint Kumar (Altamash) secured 2nd place. For Storytelling, Shayan Siddiqui (Hamdard University) and Dr. Sehar (LCMD) won 1st and 2nd places respectively. The Audience Choice Award went to M. Umair (Bhittai Medical and Dental College) and Aroosa Kainat (Sir Syed Dental College).

The quiz competition "Think, Guess & Smile," hosted by Dr. Rizwan Hassan and Dr. Sabaa Shahid, awarded souvenirs to top 25 scorers. Dr. Feroz Jehangir, Secretary of PDA Karachi, delivered the vote of thanks, acknowledging the organizing team, judges, participants, and chief guest Prof. Dr. Kashif Ikram, Pro Vice Chancellor of Baqai Medical University.



## COMMENCEMENT DAY & WHITE COAT CEREMONY

**Co-Curricular Committee in association with Liaquat College of Medicine & Dentistry (LCMD) on February 28, 2025, organized a memorable occasion for the BDS Batch 26.**

The event was a testament to the hard work and dedication of the organizing team, led by the Chief Organizers Prof. Dr. Navid Rashid Qureshi (Principal, College of Dentistry-LCMD), Dr. Sadaf Asrar (Chairperson, Co-Curricular Committee), Dr. Saad Usmani (Advisor, Co-Curricular Committee), and Dr. Mahnoor Zahid (Secretary, Co-Curricular Committee).

The White Coat Ceremony marked an important milestone in the students' academic journey, symbolizing their transition into the medical profession. The event was well-organized, featuring speeches, recognition of achievements, and a formal introduction of the graduating students, giving them an opportunity to reflect on their accomplishments. It was a proud moment for the batch as they received their white coats, signifying the beginning of their professional careers.

The dedication of the organizing team, especially Dr. Sadaf Asrar and her committee, was evident in the seamless execution of the event, making it a special day for both the students and their families. The ceremony not only celebrated academic success but also reinforced the values and responsibility that come with being a part of the healthcare profession.





## LCMD ACHIEVES CPSP ACCREDITATION IN OPERATIVE DENTISTRY STRENGTHENING POSTGRADUATE DENTAL EDUCATION

The Postgraduate Medical Education Committee at Liaquat College of Medicine & Dentistry (LCMD) proudly announces a significant academic milestone—the successful CPSP accreditation of the Department of Operative Dentistry at LCMD & Darul Sehat Hospital. This accomplishment marks a major step forward in advancing structured, high-quality postgraduate dental education.

Following a thorough inspection by the College of Physicians and Surgeons Pakistan (CPSP) on January 20, 2025, the Department of Operative Dentistry has been officially approved for postgraduate training, further cementing LCMD's commitment to clinical excellence and academic leadership.

This achievement was made possible through the visionary leadership of Prof. Dr. Asif Qureshi (Chairperson, PGME) and Prof. Dr. Tahera Ayub (Co-Chairperson, PGME), with strategic support from Dr. Shirjeel Hussain (Deputy Director Medical Services, Darul Sehat Hospital).

We extend our deepest gratitude to Prof. Dr. Navid Rashid Qureshi, Principal, College of Dentistry, for his continued guidance, encouragement, and institutional support, which played a crucial role in the successful accreditation process.

A special note of appreciation goes to Dr. Rizwan Hassan, Secretary PGME, who choreographed and expertly coordinated all aspects of the accreditation effort. His dedication, organizational skill, and commitment were central to this success.

Congratulations to the newly approved supervisor Dr. Tazeen Zehra-Assistant professor Operative Dentistry and the entire PGME team for their tireless work. LCMD continues to lead in shaping the future of dental education in Pakistan.



## EXEMPLARY JOURNAL CLUB SERIES: ELEVATING POSTGRADUATE SCHOLARSHIP AT LCMD

The Postgraduate Medical Education Committee at Liaquat College of Medicine & Dentistry (LCMD) is proud to spotlight the successful launch of its Exemplary Journal Club Series—a structured initiative designed to enrich scholarly engagement and foster a culture of critical thinking, evidence-based discussion, and academic rigor among postgraduate trainees.

The series was inaugurated following an insightful and well-received workshop titled **“Enhancing Journal Club Effectiveness and Faculty Involvement,”** which set a strategic direction for the sessions to follow. This foundational workshop served as a catalyst for what has become a high-impact academic activity on campus.

The initial phase featured dynamic faculty-led sessions by **Dr. Shirjeel Hussain, Dr. Aisha Faisal, Dr. Ali Haider, and Dr. Anjum Fahad**, each contributing to an environment of intellectual exchange and high-quality academic discourse. Their collective effort demonstrated the value of faculty mentorship in shaping postgraduate learning.

This initiative is being carried out under the guidance of **Prof. Dr. Asif Qureshi (Chairperson, PGME Committee), Prof. Dr. Tahera Ayub (Co-Chairperson), and Dr. Asad Farooq (Postgraduate In-Charge)**, with operational coordination by **Dr. Rizwan Hassan (Secretary PGME)** and moderation by **Dr. Rida Faiz**.

As the Journal Club Series transitions into its next phase of **trainee-led presentations**, LCMD continues to champion innovation in medical education, showcasing how strategic planning, faculty collaboration, and academic structure can together nurture the next generation of medical scholars.



## EMPOWERING RESEARCH EXCELLENCE: LCMD CONCLUDES PROPOSAL WRITING WORKSHOP FOR INTERNATIONAL FUNDING

The Postgraduate Medical Education Committee at Liaquat College of Medicine & Dentistry (LCMD) successfully conducted a four-day Proposal Writing Workshop for International Funding Grants from February 17th to 20th, 2025. The workshop aimed to enhance research capacity among faculty, postgraduate trainees, graduates, house officers, and undergraduate students from both medical and dental disciplines.

The sessions were led by renowned facilitators Prof. Dr. Muhammad Zafar Iqbal Hydrie and Dr. Waqas Ahmed Farooqui, with Dr. Asad Farooq as co-facilitator. Moderated by Dr. Rida Faiz and Dr. Rizwan Hassan, the workshop featured dynamic lectures, interactive discussions, and practical hands-on exercises.

### **Key topics covered included:**

- Research methodology and study design fundamentals
- AI-assisted literature search strategies
- Reference management using Endnote
- Crafting grant proposals with international budgeting templates
- Sample size calculation via NCSS-PASS software

Participants gained critical insight into structuring competitive proposals, navigating grant applications, and applying essential tools for research success. The positive engagement, high-quality content, and practical approach received commendation from attendees across all academic levels.

The Postgraduate Medical Education Committee extends its heartfelt appreciation to the facilitators, co-facilitators, and the Finance Department for their seamless support in managing logistics and registrations. Most importantly, we thank our dedicated participants for contributing to the workshop's success.

This initiative reflects LCMD's steadfast commitment to fostering a culture of academic excellence and global research competitiveness.





## PIONEERING THE FUTURE: LCMD HOSTS WORKSHOP ON AI IN HEALTHCARE RESEARCH

A Strategic Collaboration Between PGME, DHPE, and Bosch

The **Postgraduate Medical Education (PGME) Committee** and the **Department of Health Professions Education (DHPE)** at Liaquat College of Medicine & Dentistry (LCMD), in collaboration with **BIRD (Bosch Initiative for Research Diversity)**, successfully organized a transformative workshop titled “**Exploring the Power of AI in Healthcare Research**” on 12th February 2025 at Darul Sehat Hospital.

The event commenced with **opening remarks by Vice Principal Prof. Dr. Naheed Najmi**, setting the tone for a session focused on innovation and interdisciplinary growth. The audience was then introduced to Bosch’s corporate excellence and research initiatives through a compelling address by **Mr. Abdul Wahab, Director of Sales & Marketing, Bosch**.

The workshop featured **Sarmad Iqbal**, a distinguished expert in AI and healthcare, who delivered an engaging and thought-provoking session on the integration of artificial intelligence in clinical and academic research. Participants, including professors, associate professors, assistant professors, and lecturers, actively engaged in discussions on the potential and challenges of AI in modern healthcare.

The session concluded with **closing remarks from Dr. Shirjeel Hussain**, Deputy Director of Medical Services, followed by a certificate distribution ceremony.

This impactful event was expertly moderated and organized by **Dr. Rizwan Hassan (Secretary, PGME)** and **Dr. Sabaa Shahid (In-Charge DHPE, College of Dentistry)**. The collaboration with Bosch signals a new era of technological synergy at LCMD, emphasizing the institution's commitment to research excellence and medical innovation.





## INTRODUCING QUICK BYTES – LCMD’S POWER-PACKED YOUTUBE SERIES IS LIVE! LAUNCHED BY THE ONLINE ACADEMIC COMMITTEE

The **Online Academic Committee of LCMD** proudly presents the launch of Quick Bytes — an exciting academic video series now streaming on our **official LCMD YouTube channel!** Designed for today’s fast-paced learners, Quick Bytes brings you expert-led medical and dental concepts in short, high-impact episodes.

From clinical tips to academic clarity, this series is crafted to enhance understanding in just a few minutes—perfect for students, interns, and professionals on the go.

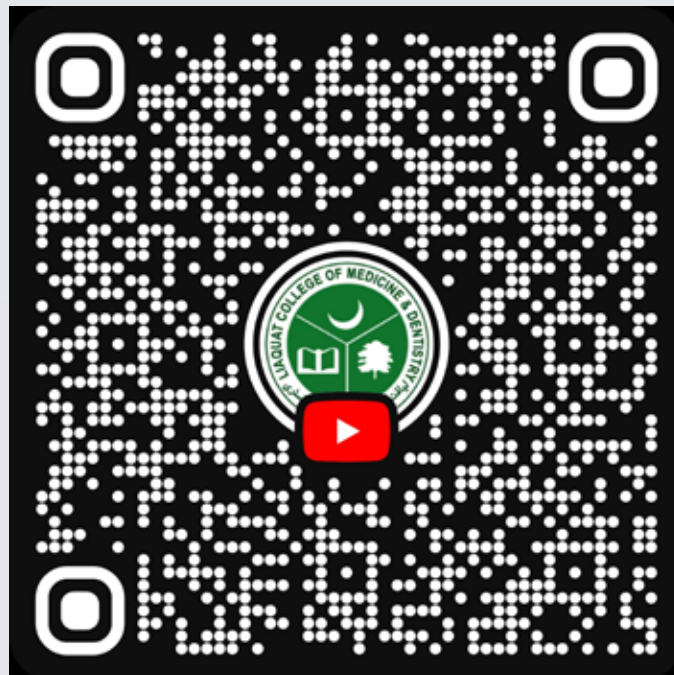
### Featured Episodes:

- Episode 1: **Norma Occipitalis Explained** – Dr. Nimra Noreen
- Episode 2: **Unlock the Secrets to a Perfect Smile** – Dr. Hassan Sadiq
- Episode 3: **Self-Medication: Hidden Dangers You Must Know** – Dr. Arsalan Shahid
- Episode 4: **Molisch Test Demonstration** – Dr. Sidra Ahmed
- Episode 5: **Line and Point Angles Simplified** – Dr. Wajida Jawed
- Episode 6: **Mastering Adams Clasp** – Dr. Raffat Aziz

Each episode delivers powerful, easy-to-digest insights that support both learning and clinical application. And this is just the beginning—many more exciting episodes are in the pipeline!

**Watch, learn, and subscribe now** on the official LCMD YouTube channel.

Let Quick Bytes be your shortcut to smart learning!



## REVOLUTIONIZING DENTAL PRACTICE MANAGEMENT WITH AI A MILESTONE WORKSHOP BY LCMD'S ONLINE ACADEMIC COMMITTEE

On **18th September 2024**, the Online Academic Committee of Liaquat College of Medicine and Dentistry (LCMD) successfully hosted a highly engaging and practical workshop titled "**Practice Management Using AI**", marking a significant advancement in digital transformation within dental education.

The workshop was conducted under the visionary leadership of **Prof. Dr. Navid Rashid Qureshi**, Principal, College of Dentistry, and was guided by **Dr. Rizwan Hassan**, Chairperson, Online Academic Committee. The session was expertly facilitated by **Dr. Fahad Rehman**, a renowned authority in AI, automation, and data analytics with over two decades of industry experience.

This hands-on workshop provided an in-depth exploration of:

- The fundamentals and emerging trends of AI in dental practice.
- AI-powered tools for improving scheduling, billing, patient management, and insurance workflows.
- Strategies to enhance patient communication and engagement using intelligent systems.
- Critical insights into data security, ethical frameworks, and regulatory compliance in AI adoption.

A major highlight was the live demonstration of the **iDentist dental clinic app**, where participants gained immediate, practical understanding of how AI tools can be integrated into everyday practice.

The event was smoothly moderated by **Dr. Zoha Naqvi (Secretary, Online Academic Committee)** and **Dr. Muhammad Sarmad (Member)**, whose coordination ensured a dynamic and impactful learning experience. The session received enthusiastic feedback for its relevance, clarity, and forward-thinking content.

LCMD continues to pioneer innovation in dental education, equipping its professionals with the tools to thrive in an AI-driven future.



## EMPOWERING DIGITAL PRESENCE: WORKSHOP ON CRAFTING A STANDOUT LINKEDIN PROFILE

The Online Academic Committee of Liaquat College of Medicine & Dentistry (LCMD) successfully conducted an engaging and hands-on workshop titled “Crafting a Standout **LinkedIn Profile**”, aimed at enhancing participants' professional visibility and personal branding in the digital age.

Facilitated by **Dr. Rizwan Hassan** (Incharge, Online Academic Committee), in collaboration with **Dr. Saba Shahid** (Incharge Medical Education, COD) and **Mr. Moiz Majid** (Officer, DHPE), the session brought together faculty members, postgraduate trainees, and students from across LCMD.

The workshop opened with Dr. Saba Shahid introducing key strategies for optimizing LinkedIn profiles—highlighting the role of headline creation, compelling summaries, and content authenticity. Mr. Moiz Majid demonstrated the use of AI tools for profile photo enhancement and Canva for designing visually impactful banners, reinforcing the importance of first impressions in professional networking.

Dr. Rizwan Hassan led an energizing icebreaker titled “Your LinkedIn pitch in 30 seconds – Why should we hire you?”, evaluated by an HR expert using a standardized rubric. The participant with the highest-rated pitch was awarded a premium coffee experience at Mövenpick Hotel, recognizing excellence in personal branding.

Attendees were also equipped with custom ChatGPT prompts to help refine their headlines, experience sections, and summaries.

This initiative underscores LCMD’s commitment to preparing its academic community for success beyond the classroom through digital empowerment and strategic career development.





## GOOGLE CLASSROOM ESSENTIALS WORKSHOP: EMPOWERING FACULTY FOR DIGITAL TEACHING EXCELLENCE

On **November 7th, 2024**, Liaquat College of Medicine and Dentistry (LCMD) proudly hosted a hands-on workshop titled **“Google Classroom Essentials: Streamline Your Teaching with Ease,”** designed to enhance digital teaching proficiency across its academic staff.

Organized by the **Online Academic Committee**, the initiative was spearheaded under the visionary leadership of **Prof. Dr. Navid Rashid Qureshi** (Principal, College of Dentistry) and expertly guided by **Dr. Rizwan Hassan** (Chairperson, Online Academic Committee). The session equipped faculty members with practical skills to maximize the functionality of Google Classroom for dynamic, efficient, and interactive learning environments.

The workshop was facilitated by a team of committed educators:

- **Dr. Kanwal Naz** (Lecturer in Pathology)
- **Dr. Zoha Naqvi** (Lecturer in Biochemistry & Secretary, Online Academic Committee)
- **Dr. Ashad Khan** (Lecturer in Pharmacology & Coordinator, Online Academic Committee)

They provided in-depth demonstrations on essential Google Classroom features including assignment creation, grading mechanisms, interactive announcements, and multimedia integration—tailored for both junior and senior faculty needs.

The event was moderated by **Dr. Rabail Khoro** (Lecturer in Oral Pathology), ensuring a smooth and engaging experience for all attendees.

This workshop reflects LCMD’s unwavering commitment to academic innovation and faculty development, empowering educators to embrace modern pedagogical tools that elevate the learning experience and keep LCMD at the forefront of digital education.





## “LEARNER-CENTERED TUTORIALS: EMPOWERING LEARNERS—WHERE CURIOSITY MEETS GUIDANCE”

The Department of Health Professions Education (DHPE) at LCMD is actively committed to faculty development and educational innovation. Through hands-on workshops and collaborative initiatives, DHPE consistently supports junior faculty to enhance their teaching practices. In this regard, DHPE continuously strives to reshape tutorials and transform them into learner-centered experiences, aligning with current educational standards.

By engaging senior faculty, This interactive workshop organized under DHPE (LCMD), led by esteemed Assistant professors; Dr. Hijab Farid and Dr. Arifa Haque, aims to equip educators with practical strategies to design and deliver **learner-centered tutorials** tailored to the needs of dental students. There was a comprehensive comparison of **traditional** and **student-centered** teaching approaches. Participants had explored various models of learner-centered teaching, such as:

- Case-Based Learning
- Problem-Based Learning
- Simulation-Based Learning
- Peer Teaching
- Flipped Classroom
- Think-Pair-Share
- Role Play
- Jigsaw

Emphasizing active participation, critical thinking, and student autonomy, the session introduces diverse tutorial models and encourages educators to rethink their current approaches.

In the end there was a hands on group activity where participants had designed and presented tutorial methods that align with student needs, active engagement and formative feedback.



## HONORING OUR MULTIDIMENSIONAL, TOP-RATED FACULTY

Our top-rated faculty members are not only distinguished educators but also accomplished researchers, visionary leaders, and compassionate mentors. Their commitment to fostering a stimulating learning environment, coupled with their ability to inspire critical thinking and professional integrity, has greatly enriched our academic culture.

Beyond the classroom, these individuals excel in interdisciplinary collaboration, curriculum development, student mentorship, and national and international scholarly pursuits. They consistently demonstrate excellence across teaching, clinical practice, research, and service embodying the true spirit of a multidimensional educator.

We extend our heartfelt appreciation to these outstanding faculty members whose tireless efforts uplift our institution and shape the future of their disciplines. Their unwavering pursuit of excellence continues to inspire students and colleagues alike.

Let us celebrate and support these exemplary professionals as they lead with knowledge, innovation, and purpose.

### MESSAGE FROM DR. ASMA SHAHID IN-CHARGE QEC-COD

The Quality Enhancement Cell (QEC) team takes pride in leading the process of data recording, compilation, verification, and finalization for faculty recognition. Every stage was carried out with diligence, precision, and transparency, from data collection and reconsideration to cross-checking and announcement.

Throughout, we maintained the greatest levels of transparency and made sure that confidentiality was strictly maintained. This collaborative effort reflects our ongoing commitment to quality assurance and institutional excellence.

# LIAQUAT COLLEGE OF MEDICINE & DENTISTRY



*Quality Enhancement Cell ~ College of Dentistry*



## Senior Faculty "Grade A+"



Prof. Dr. Navid Rashid Qureshi



Prof. Dr. Tahera Ayub

## Senior Faculty "Grade A"



Dr. Amna Rehman



Prof. Dr. Uzma Zareef



Dr. Arifa Haque



Dr. Tauseef Ahmed



Prof. Dr. Naheed Najmi



Dr. Samir Azeem



Prof. Dr. Saad Usmani



Dr. Umair Bukhari



Dr. Afshan Faizan



Dr. Arsalan Shahid



Dr. Asad Farooq



Prof. Dr. Attiya Shaikh



Dr. Sadaf Talha



Dr. Muhammad Abid



Dr. Araib Tahir



Dr. Hijab Farid Khan



Dr. Samreen Malik

## Junior Faculty "Grade A"



Dr. Ishma Binte Saeed



Dr. Maryam Abid



Dr. Duaa Ali



Dr. Raffat Aziz



## ANNUAL SPORTS WEEK

The Annual Sports Week organized by the Co-Curricular Committee of COD was held from **September 9th to 12th, 2024**, providing an exciting platform for students to showcase their athletic skills and intellectual talents.

The event kicked off with a **4-day sports extravaganza at Malir Garrison**, where students from 1st to final year BDS participated in a range of sports competitions. The sports events included tournaments like **cricket, badminton, futsal, table tennis, throwball, sack race, relay race, lemon and spoon race, and tug of war.**

These competitions brought out the competitive spirit and teamwork among the participants, making it a thrilling experience for both the athletes and spectators.



## ANNUAL PICNIC & GALA

On **November 19th**, the **Co-Curricular Committee** organized a much-awaited event at **Turtle Beach**, offering both relaxation and entertainment for BDS faculty and students across all years—from first-year to final-year.

The proved to be an exciting and memorable occasion, blending recreational activities with a vibrant performance by a musical band.

The **event featured** a range of **exhilarating water sports activities**, including **jet skiing, speed boating, and ATV biking**. These thrilling experiences were immensely enjoyed by the students, adding an adventurous touch to the day. The combination of water sports and musical concert created a fun-filled atmosphere, allowing everyone to unwind and bond in a beautiful seaside setting. This enjoyable outing further strengthened the ties among the students and faculty, making it a highlight of the academic year.



## INTERVIEW OFFICE ASSISTANT, DHPE LCMD

### Mr. Moiz Majid

*Administrative Officer*

*Department of Dental Health Professional Education (DHPE) & Quality Enhancement Cell (QEC), LCMD*



*"This interview features Mr. Moiz Majid, Administrative Officer at the Department of Dental Health Professional Education (DHPE) and Quality Enhancement Cell (QEC) at LCMD. As the interviewer, I had the opportunity to discuss Mr. Majid's responsibilities, experiences, and insights into his role in supporting health professional education. We delve into his daily tasks, challenges, achievements, and his perspective on working at LCMD. This conversation provides a comprehensive look at the administrative functions that are crucial to the smooth operation and quality enhancement of the department."*

### **Dr. Anjum Fahad**

*Associate Editor Reflections*

- **Can you briefly describe your current role and primary responsibilities as an administrative Officer?**

Responsible for providing administrative support to ensure the smooth functioning of the (DHPE) and (QEC). The role involves managing day-to-day tasks, scheduling, and documentation for DHPE and QEC. Coordinating academic and quality assurance activities including faculty development programs, training workshops, educational assessment/evaluation, maintaining records, facilitating communication between departments, and assisting in the implementation of institutional policies and standards.

- **How long have you been with LCMD, and what initially attracted you to work here?**

I have been working with LCMD since 2017 and its about 8 years. The great thing about LCMD is that it always shows a positive attitude toward its staff. They give us the freedom to share ideas and take initiative, which helps us grow in our work. They also support our professional development by encouraging learning and providing opportunities to improve our skills.

- **What does a typical day look like for you in managing both office tasks and departmental data?**

A typical day for me starts with checking emails and planning the day's tasks. I manage office work like handling files, scheduling meetings, and preparing documents. I also work with departmental data by updating records, organizing reports, and making sure all information is accurate and up to date. I often coordinate with faculty and staff to support academic and quality-related activities.



## INTERVIEW OFFICE ASSISTANT, DHPE LCMD

- **What has been the most challenging project you've worked on, and how did you overcome it?**

The most challenging project I worked on was organizing documentation for the PMDC and HEC accreditation visits. It involved coordinating with multiple departments, meeting strict compliance criteria, and managing tight deadlines. I created a checklist based on requirements, delegated tasks, and maintained regular communication with senior faculty.

- **Can you share one achievement you're particularly proud of during your time at LCMD?**

One achievement I'm particularly proud of during my time at LCMD is my active contribution to both the Department of Health Professions Education (DHPE) and the Quality Enhancement Cell (QEC).

- **How do you coordinate with faculty and other departments to ensure data accuracy and smooth operations?**

I stay in touch with faculty and departments through regular communication to verify data and resolve issues, ensuring accuracy and smooth operations

- **What skills have you developed since joining LCMD, and how have they enhanced your work?**

Since joining LCMD, I've developed better communication, time management, and data handling skills. I've also learned to use different software tools for reporting and documentation. These skills have helped me work more efficiently, stay organized, and support the department more effectively

- **Where do you see yourself in the next few years, and what goals are you working toward?**

In the next few years, I hope to advance into a senior administrative officer position where I can lead projects and help improve office processes. I'm working on building my leadership and management skills to contribute more strategically to the department's growth

- **If you could swap roles with anyone at LCMD for a day, who would it be and why?**

If I could swap roles with anyone at LCMD for a day, I would choose the Head of Department. It would be interesting to see how they manage academic leadership and make important decisions that shape the department's future.

- **What do you enjoy doing in your free time to unwind after a busy day at the office?**

After a busy day, I enjoy spending time with my family & friends

- **What tip would you give to new team members starting in office administration or data management?**

To stay organized and pay close attention to details. It's important to manage your time well and ask questions whenever you're unsure.

- **Is there anything else you'd like to share about your experience at LCMD or your vision for the Department of Dental Health Professional Education?**

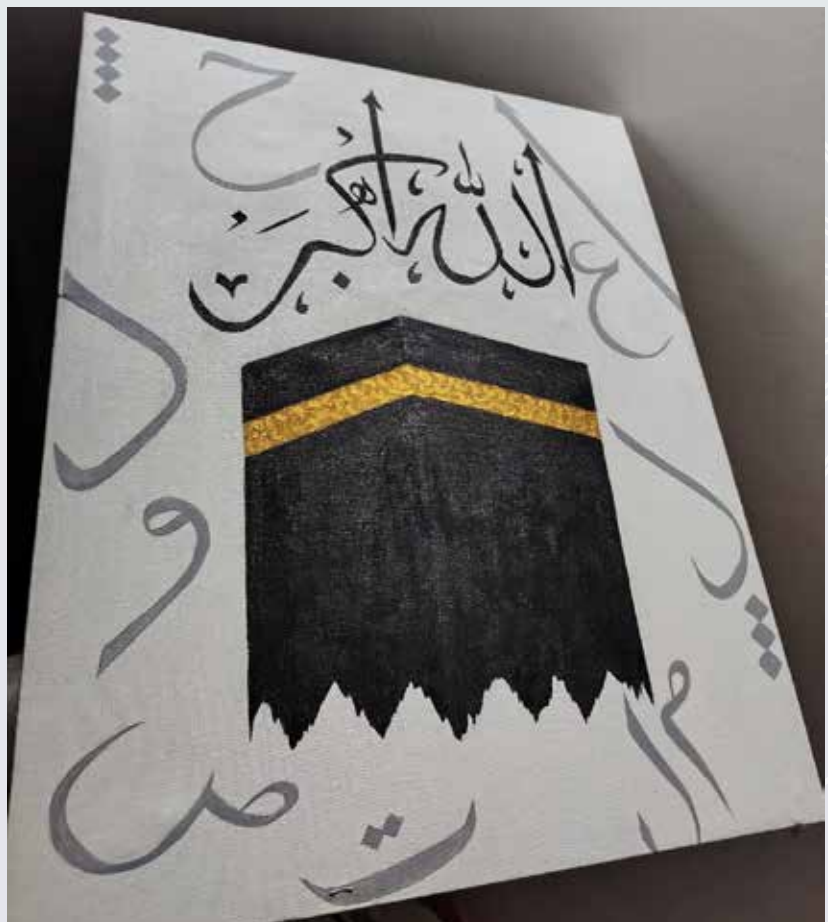
My time here has been rewarding, and I've learned a lot. I hope the department continues to improve teaching and quality through collaboration and innovation to better prepare our students for their careers.

### Crafting Care and Culture: Tayyaba Siddiqui's Blend of Dentistry & Arabic Calligraphy”

**Tayyaba Siddiqui**  
Third-year BDS student



Meet **Tayyaba Siddiqui**, a third-year BDS student who embodies this demanding journey while also nurturing a deep love for the art of Arabic calligraphy. Beyond the textbooks and the rigorous clinical routines of dental school, Tayyaba finds her peace and purpose in the graceful curves and flowing lines of Arabic script. For her, calligraphy is more than an artistic outlet—it's a spiritual expression, a quiet form of worship, and a profound bridge to the beauty of her faith. She is not just a brilliant student of dentistry but also a brilliant calligrapher, whose hands, accustomed to precision in dental procedures, find a different kind of precision and flow in ink and paper. For Tayyaba, her passion for calligraphy serves as a vital counterpoint to this intensity.





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SCAN THE BARCODE



### WHO CAN APPLY?

All Dental Professionals  
Across Pakistan:  
Students, Faculty, Trainees,  
Consultants & General Dentists





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**FOR DETAILS**

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